

AREAX<sup>®</sup>



COMPACT  
REAX LIGHTS

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# WELCOME TO REAXING



REAXING is a philosophy of life and an innovative training methodology based on a patented technology.

The innovation of this technology consists in delivering, during the motor gesture, sudden sensory impulses to force and/or encourage the user to react.

From this technology was born a line of exclusive products with greater effectiveness than normal equipment and which thus allows to accelerate the training results.

## RESULTS AXELERATOR

REAXING PRODUCTS ARE THE REAL **RESULTS AXELERATOR**

Unlike any traditional product, they simultaneously and way more effectively activate the sensory and the neuro motor systems, with better physical, mental and metabolic results.







TUNE YOUR BRAIN

TONE YOUR BODY

REAX LIGHTS COMPACT IS THE FIRST MULTIPURPOSE PIECE OF EQUIPMENT IN THE WORLD THAT ALLOWS YOU TO PERFORM A COGNITIVE AND REACTIVE TRAINING. IT IS AVAILABLE IN TWO VERSIONS: WITH FLOOR AND WITHOUT FLOOR. IT CAN BE USED ON ONE SIDE (180°) OR ON BOTH SIDES (360°)

## FASTER RESULTS FOR USERS

- > INCREASE OF REACTION RATE AND COORDINATION
- > IMPROVEMENT OF PERFORMANCE AND MOTOR SKILLS
- > GREATER MUSCLE ENGAGEMENT AND DEFINITION
- > HIGHER CALORIES BURN AND METABOLIC ACTIVATION
- > BETTER INJURY RECOVER AND FUNCTIONAL RE-EDUCATION

## BETTER RESULTS FOR PROFESSIONALS

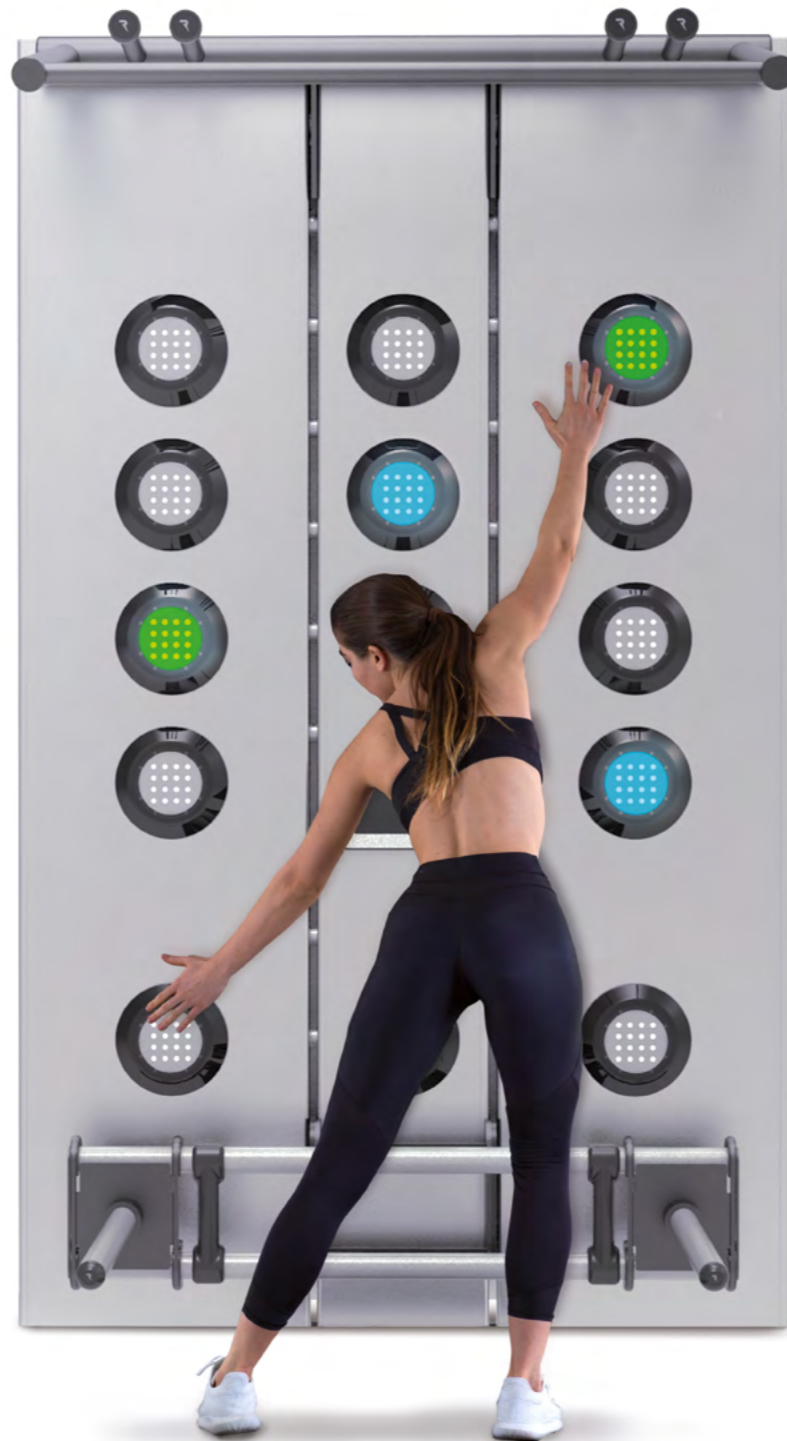
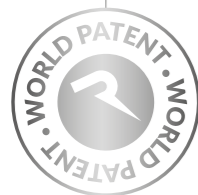
- > PROFESSIONAL STANDING IMPROVEMENT
- > INCREASE OF THE CUSTOMERS ACQUISITION AND RETENTION
- > GREATER PROFIT MARGINS AND ADDITIONAL REVENUES
- > ADDED TRAINING VALUE TO A MULTIPLE CLIENTELE TARGET
- > EXCLUSIVITY AND INNOVATION OF THE SERVICES OFFERED



# WHY IS IT SO INNOVATIVE?

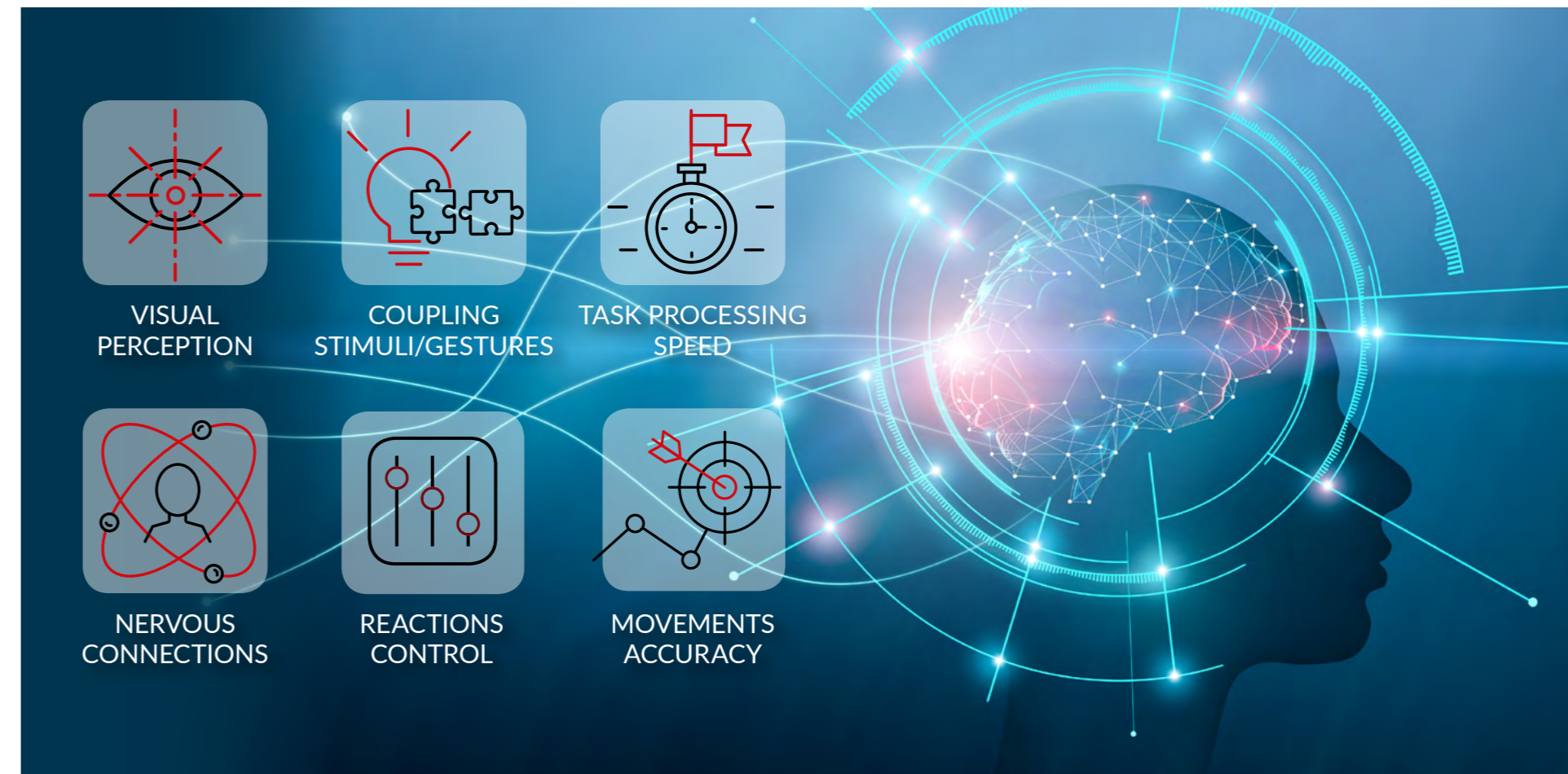
SUDDEN AND DYNAMIC VISUAL STIMULATION,  
APPLIED FOR MOTOR PURPOSES.

- > IMPROVING PERIPHERAL VISION
- > IMPROVING TASK PROCESSING SKILLS
- > IMPROVEMENT IN MOTOR-GESTURE MANAGEMENT
- > IMPROVING THE REACTIVITY
- > IMPROVING THE COORDINATION
- > IMPROVING POST-ACCIDENT FUNCTIONAL RECOVERY
- > SUPPORT IN NEURODEGENERATIVE DISEASES TREATMENT



# COGNITIVE TRAINING

REAX LIGHTS COMPACT IS AN OPPORTUNITY TO IMPROVE ALL ASPECTS RELATED TO THOUGHT PROCESSING, MEMORY, DECISION-MAKING MECHANISMS RELATED TO THE MOTOR TASKS.







### UNIQUE

The only functional training station equipped with satellites for 3D cognitive trainings.

### ORIGINAL

Italian design, made in Italy and worldwide patented.

### RELIABLE

Attention to the details and built with the best materials. Rubber case shockproof. Pressure-resistant slide.

### USER-FRIENDLY

Intuitive use thanks to a plug and play app (no preset needed).

### FUNCTIONAL

Proximity sensors able to react even without touching the satellite. Database to save training sessions. Downloadable and/or sharable data.

### INTEGRATED LIGHTS TECHNOLOGY



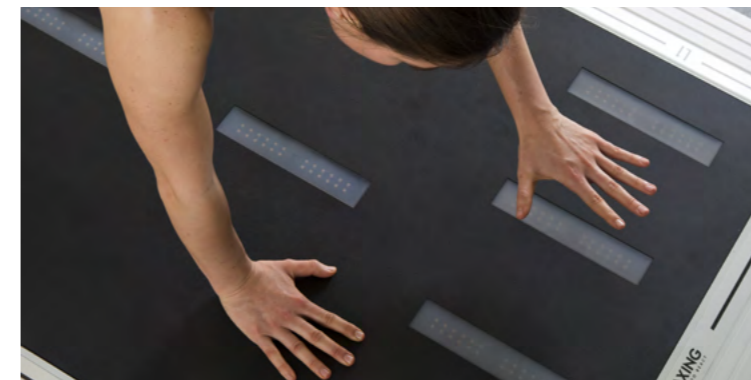
Robust and easily replaceable integrated lighting system.

### USER FRIENDLY CONSOLE



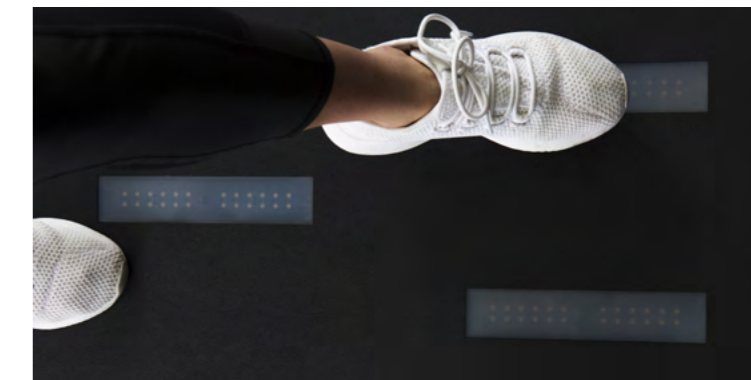
Easy to use; demonstrates, if required, the exercise to be performed with the demo button.

### MULTIPOSITION EXERCISES



Available also with flush-to-floor luminous satellites.

### RESISTANT AND WALKABLE STRUCTURE



The luminous satellites are resistant to impact and/or trampling and are equipped with a proximity sensor.





CHOOSE YOUR  
REAX LIGHTS  
COMPACT



WALL

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COMPACT 180  
COMPACT 360  
COMPACT 360 MIX



WALL + FLOOR

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COMPACT 180 F  
COMPACT 360 F  
COMPACT 360 F MIX

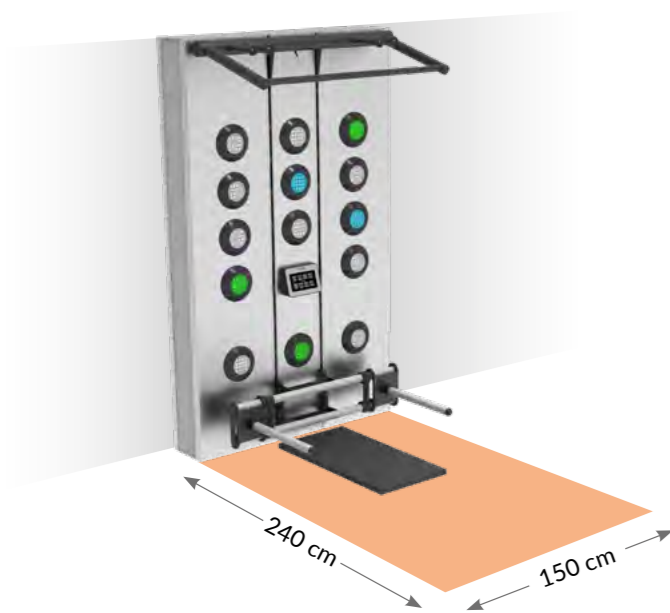


REAX LIGHTS

# COMPACT 180

- 1 RE 1063
- 1 RE 1023
- 1 RE 1022
- 1 RE 1005
- 1 RE 1065

REAX STATION LIGHTS 180  
PULL UP  
REAX MULTIFUNCTIONAL BARS  
MOBILE PARALLELS  
SOFT MAT 100X50

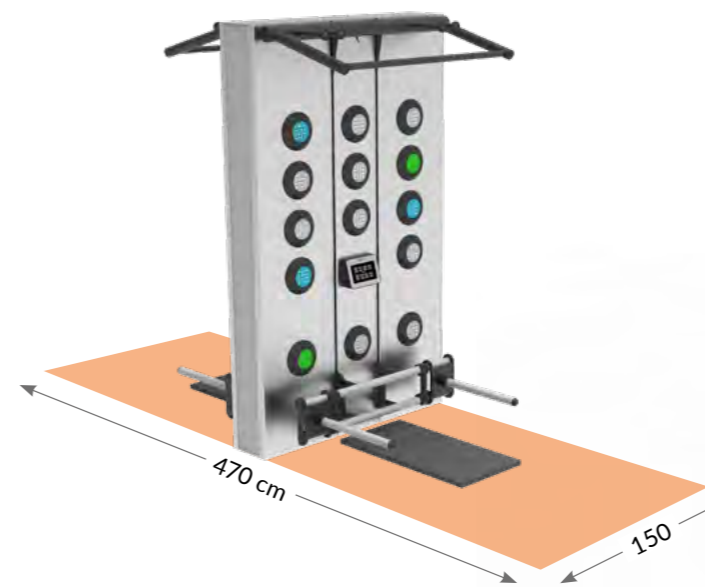


REAX LIGHTS

# COMPACT 360

- 1 RE 1214
- 2 RE 1023
- 2 RE 1022
- 2 RE 1005
- 2 RE 1065

REAX STATION LIGHTS 360  
PULL UP  
REAX MULTIFUNCTIONAL BARS  
MOBILE PARALLELS  
SOFT MAT 100X50



A+B SIDE

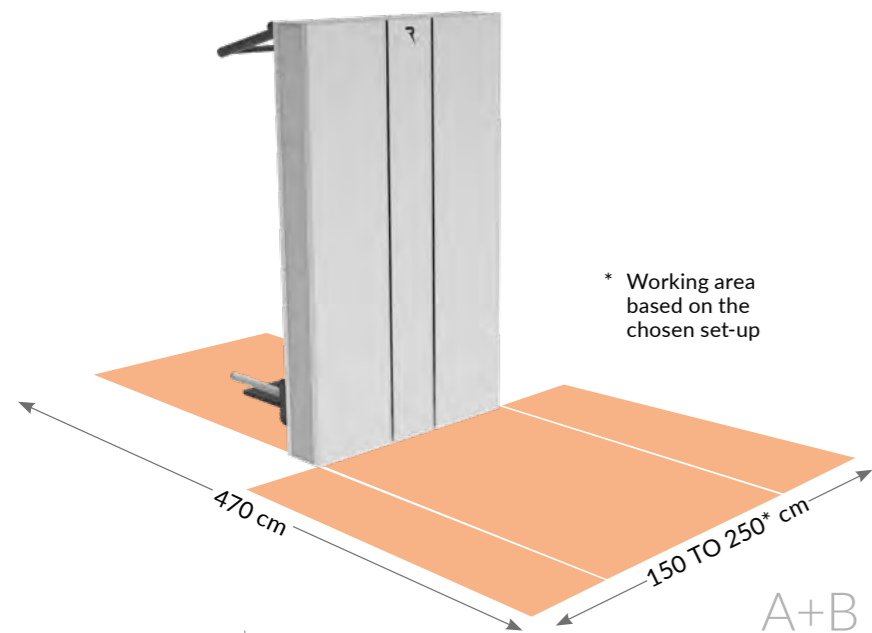


## REAX LIGHTS

# COMPACT 360 MIX

- 1 RE 1063
- 1 RE 1135

REAX STATION LIGHTS 180  
KIT FOR UPGRADING TO  
REAX STATION 360  
PULL UP  
REAX MULTIFUNCTIONAL BARS  
MOBILE PARALLELS  
SOFT MAT 100X50



## EXAMPLE CONFIGURATIONS

ITEMS SHOWN IN THE CONFIGURATIONS OF  
REAX LIGHTS COMPACT

- > RE 1023  
PULL UP
- > RE 1022  
REAX MULTIFUNCTIONAL  
BARS
- > RE 1005  
MOBILE PARALLELS



- > RE 1217  
REAX  
SUSPENSION
- > RE 1236  
SUSPENSION BOARD  
KIT



- > RE 1097  
REAX RACK FIXER
- > RE 1042  
REAX BENCH
- > REAX LIFT SYSTEM
- > STORAGE SHELVES



- > RE 1109  
SHELF - 2 - 145
- > TRAINING TOOLS





FIXED ACCESSORIES

RE 1217 REAX SUSPENSION



LENGTH	CM   IN	217,00   85,43
HEIGHT	CM   IN	172,60   67,95
WIDTH	CM   IN	147,50   58,07

RE 1097 REAX RACK FIXED



LENGTH	CM   IN	125,40   49,37
HEIGHT	CM   IN	248,40   97,80
WIDTH	CM   IN	133,00   52,36

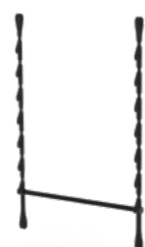
RE 1236 SUSPENSION BOARD KIT



RE 1237 BOXING BAG KIT



RE 1238 SUSPENSION KIT



RE 1023 PULL UP



LENGTH	CM   IN	77,10   30,35
HEIGHT	CM   IN	30,50   12,01
WIDTH	CM   IN	104,70   41,22



STORAGE ACCESSORIES

RE 1107 SHELF 1 - 145



LENGTH	CM   IN	63,80   25,12
HEIGHT	CM   IN	31,00   12,20
WIDTH	CM   IN	141,00   55,51

RE 1109 SHELF 2 - 145



LENGTH	CM   IN	71,80   28,27
HEIGHT	CM   IN	31,00   12,20
WIDTH	CM   IN	140,50   55,31

RE 1111 SHELF 2 - MINI



EACH PART

LENGTH	CM   IN	70,20   27,64
HEIGHT	CM   IN	31,00   12,20
WIDTH	CM   IN	43,00   16,93

RE 1118 SHELF 8 - 145



LENGTH	CM   IN	70,30   27,68
HEIGHT	CM   IN	31,00   12,20
WIDTH	CM   IN	141,00   55,51

RE 1113 SHELF 4 - MINI



EACH PART

LENGTH	CM   IN	74,40   29,29
HEIGHT	CM   IN	31,00   12,20
WIDTH	CM   IN	43,00   16,93

RE 1112 SHELF 4 - 145



LENGTH	CM   IN	74,20   29,21
HEIGHT	CM   IN	31,00   12,20
WIDTH	CM   IN	140,90   55,47

RE 1114 SHELF 5 - 145



LENGTH	CM   IN	76,50   30,12
HEIGHT	CM   IN	31,00   12,20
WIDTH	CM   IN	140,00   55,12

RE 1115 SHELF 6 - 145



LENGTH	CM   IN	74,20   29,21
HEIGHT	CM   IN	15,00   5,91
WIDTH	CM   IN	14,90   5,87

RE 1117 SHELF 7 - 145



LENGTH	CM   IN	74,20   29,21
HEIGHT	CM   IN	31,00   12,20
WIDTH	CM   IN	140,90   55,47



TRAINING ACCESSORIES

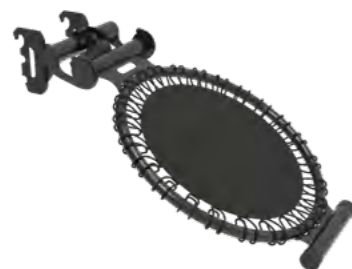
**RE 1005** MOBILE PARALLELS



EACH PART

LENGTH	CM   IN	70,40   27,72
HEIGHT	CM   IN	28,90   11,38
WIDTH	CM   IN	20,80   8,19

**RE 1103** RE BOUNDER



LENGTH	CM   IN	150,00   59,06
HEIGHT	CM   IN	795,00   312,99
WIDTH	CM   IN	107,00   42,13

**RE 1022** REAX MULTIFUNCTIONAL BARS



LENGTH	CM   IN	125,70   49,49
HEIGHT	CM   IN	31,00   12,20
WIDTH	CM   IN	33,80   13,31

**RE 1104** PLYOMETRIC



LENGTH	CM   IN	83,80   32,99
HEIGHT	CM   IN	31,00   12,20
WIDTH	CM   IN	69,50   27,36

**RE 1102** PARALLELS



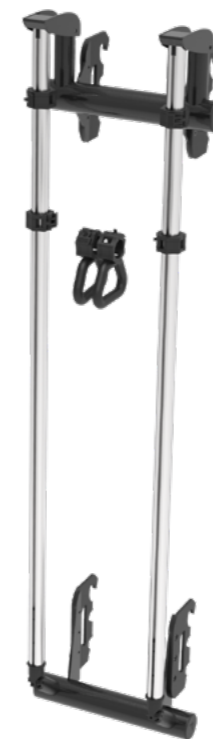
LENGTH	CM   IN	89,20   35,12
HEIGHT	CM   IN	31,00   12,20
WIDTH	CM   IN	80,30   31,61

**RE 1106** COMBAT KIT



LENGTH	CM   IN	167,60   65,98
HEIGHT	CM   IN	166,00   65,35
WIDTH	CM   IN	387,00   152,36

**RE 1105** DOUBLE BARS TRAINER



LENGTH	CM   IN	427,00   168,11
HEIGHT	CM   IN	223,00   87,80
WIDTH	CM   IN	713,00   280,71



**RE 5025** REAX LIGHTS - PRO 2 - ADVANCE 6



**RE 1049** REAX LIFT DISCS - 5 KG



**RE 1061** OLYMPIC BAR - 180



**RE 1000** TABLET



**RE 1055** REAX BUNGEE FOR 5 KG



**RE 1068** CUSHION



**RE 1010** TABLET HOLDER



**RE 1042** REAX BENCH

MORE ON REAXING.COM

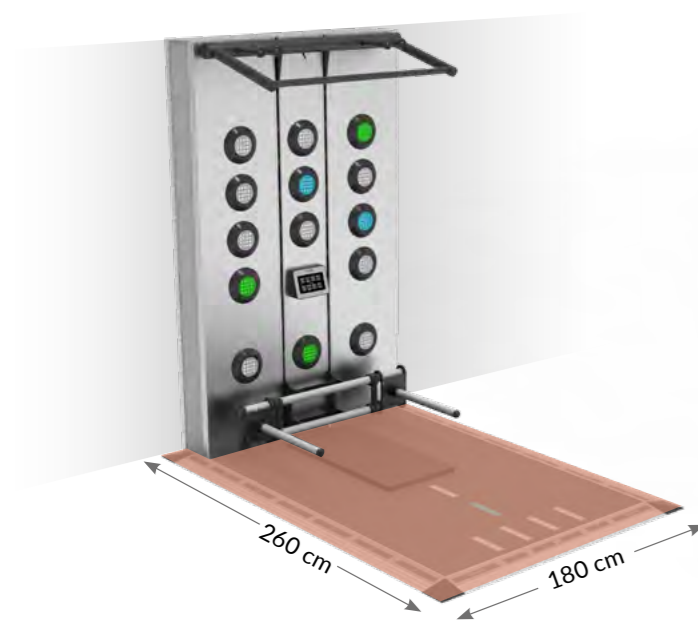


REAX LIGHTS

# COMPACT F 180

- 1 RE 1063
- 1 RE 1134
- 1 RE 1023
- 1 RE 1022
- 1 RE 1005
- 1 RE 1065

REAX STATION LIGHTS 180  
WIRED INTERACTIVE FLOOR 150X300  
PULL UP  
REAX MULTIFUNCTIONAL BARS  
MOBILE PARALLELS  
SOFT MAT 100X50

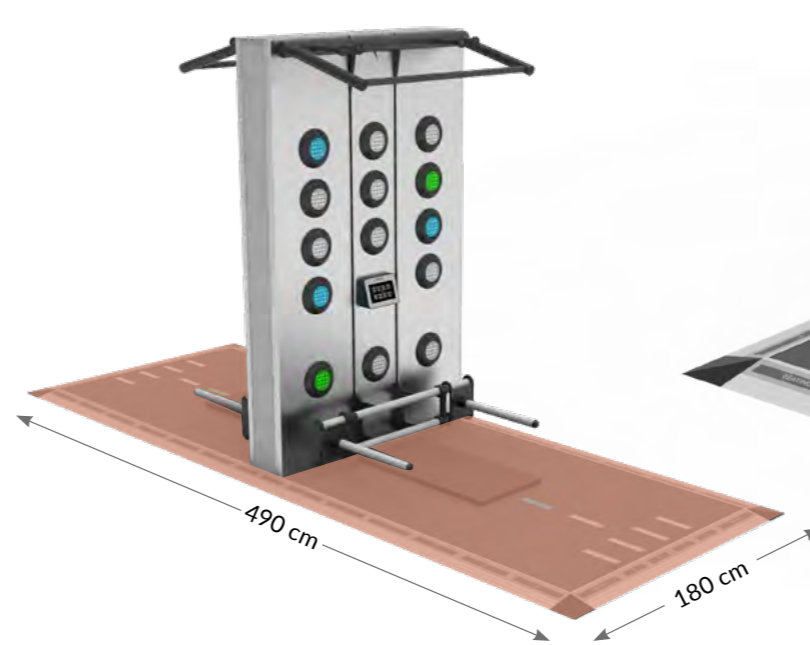


REAX LIGHTS

# COMPACT F 360

- 1 RE 1214
- 2 RE 1134
- 2 RE 1023
- 2 RE 1022
- 2 RE 1005
- 2 RE 1065

REAX STATION LIGHTS 360  
WIRED INTERACTIVE FLOOR  
PULL UP  
REAX MULTIFUNCTIONAL BARS  
MOBILE PARALLELS  
SOFT MAT 100X50



A+B SIDE

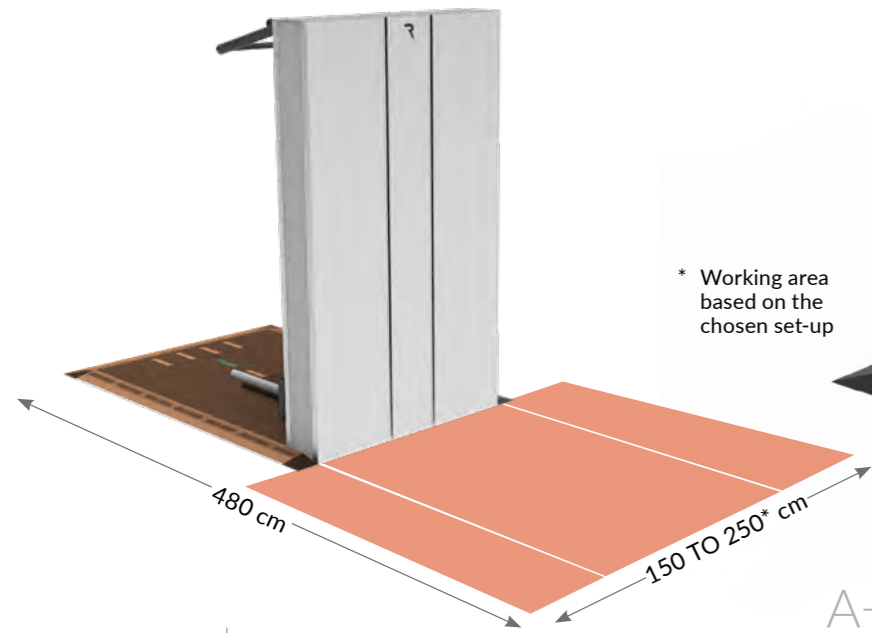


## REAX LIGHTS

# COMPACT F 360 MIX

- 1 RE 1063
- 1 RE 1135
- 1 RE 1134
- 1 RE 1023
- 1 RE 1022
- 1 RE 1005
- 1 RE 1065

REAX STATION LIGHTS 180  
 KIT FOR UPGRADING TO REAX STATION 360  
 WIRED INTERACTIVE FLOOR  
 PULL UP  
 REAX MULTIFUNCTIONAL BARS  
 MOBILE PARALLELS  
 SOFT MAT 100X50



A+B SIDE

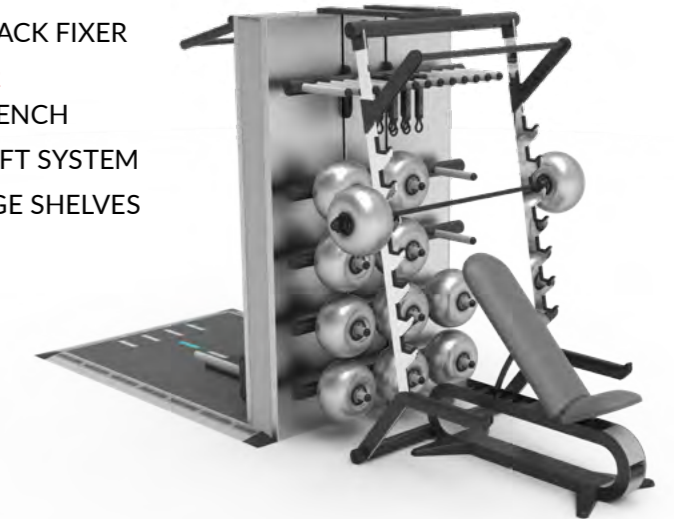
## EXAMPLE CONFIGURATIONS

### ITEMS SHOWN IN THE CONFIGURATIONS OF REAX LIGHTS COMPACT

- > RE 1023  
PULL UP
- > RE 1022  
REAX MULTIFUNCTIONAL BARS
- > RE 1005  
MOBILE PARALLELS



- > RE 1097  
REAX RACK FIXER
- > RE 1042  
REAX BENCH
- > REAX LIFT SYSTEM
- > STORAGE SHELVES



- > RE 1217  
REAX SUSPENSION
- > RE 1237  
BOXING BAG KIT



- > RE 1114  
SHELF 5 - 145
- > RE 1109  
SHELF 2 - 145
- > RE1118  
SHELF 8 - 145
- > TRAINING TOOLS





FIXED ACCESSORIES

RE 1217 REAX SUSPENSION



LENGTH	CM   IN	217,00   85,43
HEIGHT	CM   IN	172,60   67,95
WIDTH	CM   IN	147,50   58,07

RE 1097 REAX RACK FIXED



LENGTH	CM   IN	125,40   49,37
HEIGHT	CM   IN	248,40   97,80
WIDTH	CM   IN	133,00   52,36

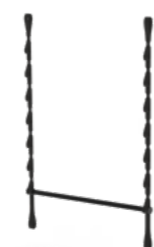
RE 1236  
SUSPENSION BOARD KIT



RE 1237  
BOXING BAG KIT



RE 1238  
SUSPENSION KIT



RE 1023 PULL UP



LENGTH	CM   IN	77,10   30,35
HEIGHT	CM   IN	30,50   12,01
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STORAGE ACCESSORIES

RE 1107 SHELF 1 - 145



LENGTH	CM   IN	63,80   25,12
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RE 1109 SHELF 2 - 145



LENGTH	CM   IN	71,80   28,27
HEIGHT	CM   IN	31,00   12,20
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RE 1111 SHELF 2 - MINI



EACH PART

LENGTH	CM   IN	70,20   27,64
HEIGHT	CM   IN	31,00   12,20
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RE 1118 SHELF 8 - 145



LENGTH	CM   IN	70,30   27,68
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RE 1113 SHELF 4 - MINI



EACH PART

LENGTH	CM   IN	74,40   29,29
HEIGHT	CM   IN	31,00   12,20
WIDTH	CM   IN	43,00   16,93

RE 1112 SHELF 4 - 145



LENGTH	CM   IN	74,20   29,21
HEIGHT	CM   IN	31,00   12,20
WIDTH	CM   IN	140,90   55,47

RE 1114 SHELF 5 - 145



LENGTH	CM   IN	76,50   30,12
HEIGHT	CM   IN	31,00   12,20
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RE 1115 SHELF 6 - 145



LENGTH	CM   IN	74,20   29,21
HEIGHT	CM   IN	15,00   5,91
WIDTH	CM   IN	14,90   5,87

RE 1117 SHELF 7 - 145



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HEIGHT	CM   IN	31,00   12,20
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TRAINING ACCESSORIES

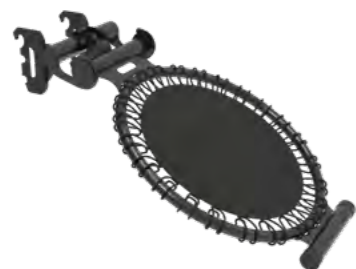
**RE 1005** MOBILE PARALLELS



EACH PART

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HEIGHT	CM   IN	28,90   11,38
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**RE 1103** RE BOUNDER



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**RE 1022** REAX MULTIFUNCTIONAL BARS



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HEIGHT	CM   IN	31,00   12,20
WIDTH	CM   IN	33,80   13,31

**RE 1104** PLYOMETRIC



LENGTH	CM   IN	83,80   32,99
HEIGHT	CM   IN	31,00   12,20
WIDTH	CM   IN	69,50   27,36

**RE 1102** PARALLELS



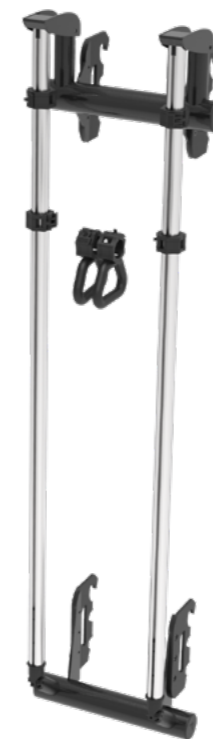
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WIDTH	CM   IN	80,30   31,61

**RE 1106** COMBAT KIT



LENGTH	CM   IN	167,60   65,98
HEIGHT	CM   IN	166,00   65,35
WIDTH	CM   IN	387,00   152,36

**RE 1105** DOUBLE BARS TRAINER



LENGTH	CM   IN	427,00   168,11
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**RE 5025** REAX LIGHTS - PRO 2 - ADVANCE 6



**RE 1049** REAX LIFT DISCS - 5 KG



**RE 1061** OLYMPIC BAR - 180



**RE 1000** TABLET



**RE 1055** REAX BUNGEE FOR 5 KG



**RE 1068** CUSHION



**RE 1010** TABLET HOLDER



**RE 1042** REAX BENCH

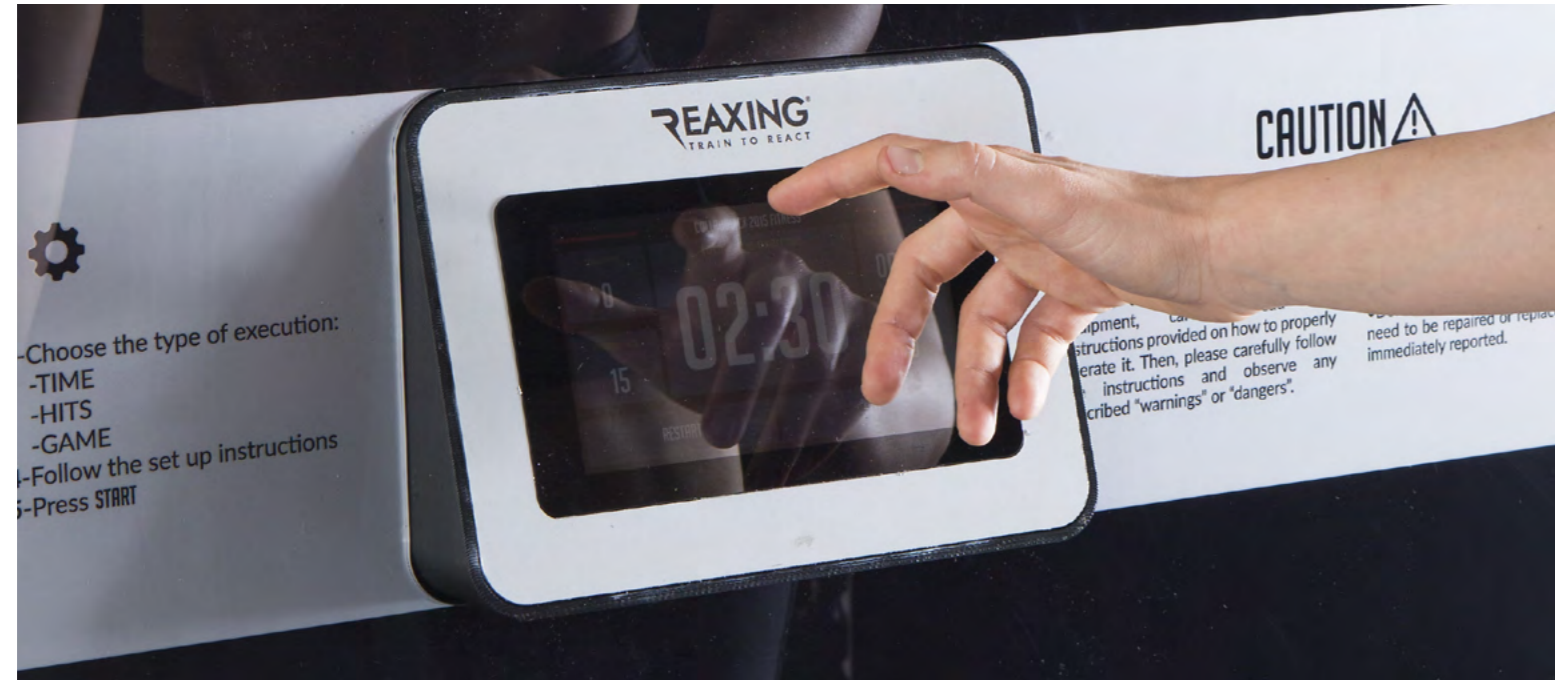
MORE ON REAXING.COM



# CONTROL SYSTEMS

THE REAX LIGHTS COMPACT APPS ARE CONCEIVED TO GIVE THE BEST USER EXPERIENCE TO TRAINERS AND USERS. THE APPS MATCH THE MOST DEMANDING REQUESTS FROM THE INDUSTRY.

- SPECIAL APP INCLUDED
- PRESETTED PROGRAMS
- EASY USER INTERFACE

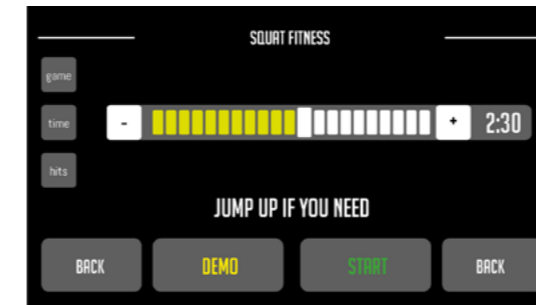


# INTUITIVE INTERFACES



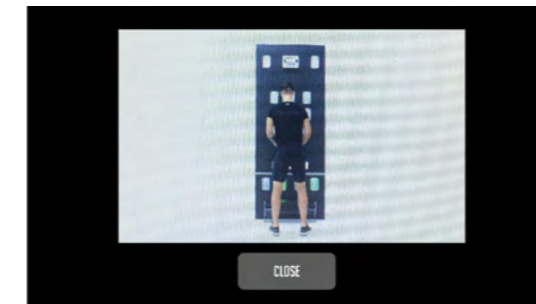
## HOME

CHOOSE THE LEVEL  
 1 - FITNESS  
 2 - INTERMEDIATE  
 3 - PROFESSIONAL



## SETTING

SET GOAL, EXERCISE AND THE TYPE OF EXECUTION:  
 1- GAME  
 2- TIME  
 3- HITS



## DEMO

IF YOU WANT TO KNOW HOW TO DO A SELECTED EXERCISE, CHECK OUT THE DEMO VIDEO.





## CHOOSE YOUR PROGRAM

3 DIFFERENT TRAINING LEVELS:  
FITNESS / INTERMEDIATE / PROFESSIONAL

The climb between the levels is based on light timeout and frequency. So the user has to increase speed and reaction time to complete the chosen exercise. Different tasks on each color enhance the difficulty and add cognitive value.



## SET YOUR WORKOUT



### REACTIVITY TEST

This exercise verifies the user abilities on reaction. Arms and hands are the only involved. The user has to switch the lights following the speed system.



### SIT UP

The classic abdominal exercise. In the eccentric movement the users have to switch off the lower lights with their hands.



### PUNCH

The classic exercise for boxers. The users have to switch off the lights hitting them. Only the central panel is involved.



### STAND UP

A sit up combined with a stand up on a bench. In standing position the users have to switch off the lower lights with their hands.



### COGNITIVE TEST

This exercise verifies the user abilities to pair tasks and colours. Cognitive abilities are combined with speed execution.



### COGNITIVE KNEE

This exercise verifies the user abilities on reaction. Arms and hands are the only involved. The user has to switch off the lights following the speed system.



### SQUAT

Leg exercise, from a standing position to a squat. The system turns on the lights the user will have to switch off by hands.



### PUSH UP

The users have to bend and stretch their arms to switch off the lights, using their chests or hands.







# WORLDWIDE SUPPORT

## MARKETING & TRAINING

REAXING fully supports its partners and their activities to use the REAX Lights Compact in the most productive way. Qualified professionals and trainers have created and developed a wide range of programs, based on the REAXING method and suitable for any professional need.

### ON SITE & ON LINE TRAINING

A SPECIFIC TRAINING COURSE AND A DEDICATED VIDEO SECTION INCLUDING TUTORIALS HAVE BEEN CREATED TO HELP PROFESSIONALS EMBRACE THE REAXING METHOD.

### EXPERTS SUPPORT

OUR EXPERTS ARE AT YOUR DISPOSAL TO ASSIST YOU WITH ANY TECHNICAL, AND COMMERCIAL REQUEST.

### MARKETING

WE ASSIST OUR PARTNERS WITH A SPECIFIC RANGE OF COMMERCIAL AND MARKETING MATERIALS TO ACHIEVE HIGHER REVENUES AND CUSTOMER RETENTION.

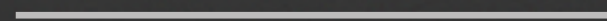
## CONNECTED ALL OVER THE WORLD

OUR SHOWROOMS ARE AT YOUR DISPOSAL: DEDICATED SPACES FOR OUR PARTNERS, WHERE YOU CAN HAVE A CLEAR VISUAL AND VIRTUAL EXPERIENCE OF OUR PRODUCTS, BUT ALSO THE POSSIBILITY TO VIRTUALLY EXHIBIT OUR PRODUCTS TO YOUR OWN CLIENTS. HIGH QUALITY VIDEOS AND SOUND TO ACHIEVE THE BEST RESULTS FOR OUR CLIENTS: COME AND DISCOVER THE INNOVATIVE WORLD OF REAXING.





**REAXING<sup>®</sup>**



r e a x i n g . c o m